



setfree  
ALASKA

2016 | ANNUAL REPORT

*self free*

"THEY HELPED ME WITH SERVICES BEYOND RECOVERY"

"I APPRECIATE THE LOVE I FELT FROM MY COUNSELOR"

"FINDING MYSELF ALL OVER AGAIN"



OUR MISSION STATEMENT

OUR CLIENTS PERSPECTIVE

SET FREE ALASKA IS A CHRISTIAN TREATMENT CENTER  
THAT USES A MIND-BODY-SPIRIT APPROACH TO RECOVERY.

OUR MULTI-GENERATIONAL PROGRAMS FACILITATE

HOPE, HEALING, AND RESILIENCE  
RESULTING IN LASTING CHANGE.

"I WAS NEVER JUDGED"

"I LEARNED TOOLS FOR EVERYDAY LIFE"

"I LIKE THAT SET FREE IS FAITH BASED"

"THE BOUNDARIES SERIES WAS GREAT"

"WATCHING MYSELF GROW IS AMAZING"

"I WAS ALWAYS TREATED WITH RESPECT"



## OUTCOMES

- DECREASE IN SUBSTANCE USE FROM INTAKE TO DISCHARGE **93% OF CLIENTS**
- CLIENTS WHO FELT SERVICES IMPROVED OVERALL QUALITY OF LIFE **93% OF CLIENTS**
- CLIENTS REPORTED BEING TREATED WITH RESPECT **100% OF CLIENTS**
- 426 INDIVIDUALS SERVED - 20% INCREASE OVER 2015
- 242 ENROLLED CLIENTS - 25% INCREASE OVER 2015
- 68% OF OUR CLIENTS ARE SUBSTANCE ABUSE FREE AT THE END OF 90 DAYS

## CLIENTS WHO GRADUATED THE SET FREE ALASKA PROGRAM

### REPORTED IMPROVEMENT IN THE FOLLOWING AREAS!

- HOUSING AND EMPLOYMENT
- HOURS IN THE WEEK THEY WERE ENGAGED IN MEANINGFUL ACTIVITIES (I.E. WORK, COMMUNITY SERVICE)

### REPORTED DECREASE IN THE FOLLOWING AREAS!

- ARRESTS
- LEGAL INVOLVEMENT
- PARTNER ABUSE
- DAYS PER MONTH CONTEMPLATING SUICIDE
- DAYS PER MONTH EXPERIENCING POOR MENTAL HEALTH

## EXECUTIVE FORWARD

Imagine with me a state free from the harmful impacts of addiction. What would be different about our communities, our families, or our future generations? Just over six years ago we endeavored on a journey to bring freedom from addiction to Alaskans. This is not just our dream; you are also a part of it! Our 2016 report represents families and individuals transformed by God's love and the services we have provided. These changed lives are steps on the path leading towards the fulfillment of our shared vision of Alaskans free from the bondage of addiction.

This year has been one of growth and expansion. As we look ahead to 2017 we are greatly anticipating the opening of our new residential treatment center for women. This program will be one of only a few in the state who serve pregnant women and women with children. Our hearts are so grateful for all those who make our current and upcoming services possible. As you read through this report remember that whether you are an individual who donates, a church or business partner, a community referring agency, or a funder, you are a part of this dream. It is together that we are ending the bondage of addiction one life at a time.

## 2016 SET FREE ALASKA...

AWARDED A GRANT FROM THE MAT-SU HEALTH FOUNDATION AND MEA TO LAUNCH OUR NEW CHILDREN'S/ADOLESCENT BEHAVIORAL HEALTH PROGRAM

WELCOMED OUR NEW CLINICAL DIRECTOR, DANIEL DAVIS

WELCOMED FOUR NEW STAFF MEMBERS: MANDY ZEPHA, CHRIS HASSEN-GONCALVES, RODNEY BETTIS, AND BEVERLY RAY

EXPANDED OUR TEEN PROGRAM

IMPLEMENTED A NEW PARTNERSHIP WITH REND 2 CLEAN BY PROVIDING PEER SUPPORT SERVICES TO OUR CLIENTS

RAISED \$70,000 IN INDIVIDUAL AND BUSINESS DONATIONS IN 2016



## 2017 SET FREE ALASKA...

AWARDED A GRANT BY THE STATE OF ALASKA, DEPARTMENT OF HEALTH AND SOCIAL SERVICES AND THE MAT SU HEALTH FOUNDATION TO ASSIST IN THE STARTUP AND FACILITIES OF A 16 BED WOMAN'S RESIDENTIAL TREATMENT CENTER.

OPENING A NEW RESIDENTIAL TREATMENT CENTER FOR ADULT WOMAN, PREGNANT WOMAN, AND WOMAN WITH CHILDREN.

EXPANSION OF STAFF TO SUPPORT THE WOMAN'S RESIDENTIAL TREATMENT CENTER

PROJECTING AN INCREASE OF 20% IN THE CLIENTS WE PLAN TO SERVE

### STAFF

- PHILIP LICHT-EXECUTIVE DIRECTOR
- DANIEL DAVIS-CLINICAL DIRECTOR
- JOY STEIN-FINANCE AND OPERATIONS DIRECTOR
- SHERRY HILL-DEVELOPMENT DIRECTOR
- LISA HILTY-OFFICE MANAGER
- TABITHA HOTCHKISS-RECEPTIONIST
- IVY HUDMAN-RECEPTIONIST
- CASSI SHEPPARD-BILLING
- RODNEY BETTIS-COUNSELOR
- HEATHER ARCHER-COUNSELOR
- CHRIS HASSEN/GONSALVES-COUNSELOR
- SHANNON HARRIS-COUNSELOR
- BEVERLY RAY-COUNSELOR
- ELIZABETH KNECHT-CLINICIAN
- MANDY ZEPPA-CLINICIAN

### BOARD

- TOM STEIN-BOARD CHAIR
- SHAIN ZUMBRUNNEN-VICE CHAIR
- RYAN RAY-FOUNDER, SECRETARY
- LINDA HENDRICKSON-DIRECTOR
- MAURICE HENDRICKSON-DIRECTOR
- GUY PETERS-DIRECTOR



*Philip Licht*

Philip Licht,  
EXECUTIVE DIRECTOR



*Tom Stein*

Tom Stein,  
BOARD CHAIR

